

**St Mary-at-Finchley
Parish Eucharist
10am
Tenth Sunday after Trinity
9nd August 2026**

The Gathering

Processional Hymn - 394

O worship the Lord in the beauty of holiness!
Bow down before him, his glory proclaim;
with gold of obedience, and incense of lowliness,
kneel and adore him: the Lord is his Name!

Low at his feet lay thy burden of carefulness,
high on his heart he will bear it for thee,
comfort thy sorrows, and answer thy prayerfulness,
guiding thy steps as may best for thee be.

Fear not to enter his courts in the slenderness
of the poor wealth thou wouldst reckon as thine;
truth in its beauty, and love in its tenderness,
these are the offerings to lay on his shrine.

These, though we bring them in trembling and fearfulness,
he will accept for the Name that is dear;
mornings of joy give for ev'nings of tearfulness,
trust for our trembling and hope for our fear.

O worship the Lord in the beauty of holiness!
bow down before him, his glory proclaim;

with gold of obedience, and incense of lowliness,
kneel and adore him: the Lord is his Name!

In the name of the Father,
and of the Son,
and of the Holy Spirit.

Amen.

The Greeting

The Lord be with you
and also with you.

Prayer of Preparation

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
Christ our Lord.
Amen.**

Prayers of Penitence

Jesus said: Before you offer your gift,
go and be reconciled.
As brothers and sisters in God's family,
we come together to ask our Father for forgiveness.

Silence is kept.

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name.
Amen.**

Almighty God,
who forgives all who truly repent,
have mercy upon *you*,
pardon and deliver *you* from all *your* sins,
confirm and strengthen *you* in all goodness,
and keep *you* in life eternal;
through Jesus Christ our Lord.
Amen.

Gloria in Excelsis (Mass: Thorne)

Glory to God, Glory to God, Glory to God in the highest.
Glory to God in the highest and peace to his people on earth.
Lord God, heavenly king, almighty God and Father,

We worship you, we give you thanks, we praise you for your glory.

Glory to God, Glory to God, Glory to God in the highest.

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God, you take away the sin of the world,

Have mercy on us.

You are seated on the right hand of the Father, receive our prayer.

Glory to God, Glory to God, Glory to God in the highest.

For you alone are the Holy one, You alone are the Lord.

You alone are the Most High, Jesus Christ with the Holy Spirit,

In the glory of God the Father.

Glory to God, Glory to God, Glory to God in the highest.

The Collect

Let us pray

Let your merciful ears, O Lord,
be open to the prayers of your humble servants;
and that they may obtain their petitions
make them to ask such things as shall please you;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

The Liturgy of the Word

A reading from the book of Kings (19.9-18)

⁹At that place he came to a cave, and spent the night there.

Then the word of the LORD came to him, saying, 'What are you doing here, Elijah?' ¹⁰He answered, 'I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.'

¹¹ He said, 'Go out and stand on the mountain before the LORD, for the LORD is about to pass by.' Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; ¹²and after the earthquake a fire, but the LORD was not in the fire; and after the fire a sound of sheer silence. ¹³When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, 'What are you doing here, Elijah?' ¹⁴He answered, 'I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.' ¹⁵Then the LORD said to him, 'Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. ¹⁶Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place. ¹⁷Whoever escapes from the sword of Hazael, Jehu shall kill; and whoever escapes from the sword of Jehu, Elisha shall kill. ¹⁸Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him.'

This is the word of the Lord.

Thanks be to God.

Hymn based on Psalm 85

Fill Your Hearts With Joy And Gladness,
Sing And Praise Your God And Mine!

Great The Lord In Love And Wisdom,
Might And Majesty Divine!

He Who Framed The Starry Heavens
Knows And Names Them As They Shine

Fill Your Hearts With Joy And Gladness,
Sing And Praise Your God And Mine!

Praise The Lord, His People, Praise Him!

Wounded Souls His Comfort Know.

Those Who Fear Him Find His Mercies,
Peace For Pain And Joy For Woe;

Humble Hearts Are High Exalted,
Human Pride And Power Laid Low.

Praise The Lord, His People, Praise Him!

Wounded Souls His Comfort Know.

Praise The Lord For Times And Seasons,

Cloud And Sunshine, Wind And Rain;

Spring To Melt The Snows Of Winter

Till The Waters Flow Again;

Grass Upon The Mountain Pastures,

Golden Valleys Thick With Grain.

Praise The Lord For Times And Seasons,

Cloud And Sunshine, Wind And Rain.

Fill Your Hearts With Joy And Gladness,

Peace And Plenty Crown Your Days!

Love His Laws, Declare His Judgements,
Walk In All His Words And Ways;
He The Lord And We His Children,
Praise The Lord, All People, Praise!
Fill Your Hearts With Joy And Gladness,
Peace And Plenty Crown Your Days!

A reading from the letter to the Romans (10.5-15)

⁵ Moses writes concerning the righteousness that comes from the law, that 'the person who does these things will live by them.' ⁶But the righteousness that comes from faith says, 'Do not say in your heart, "Who will ascend into heaven?" ' (that is, to bring Christ down) ⁷or "Who will descend into the abyss?" ' (that is, to bring Christ up from the dead). ⁸But what does it say?

'The word is near you,

on your lips and in your heart'

(that is, the word of faith that we proclaim); ⁹because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.

¹⁰For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. ¹¹The scripture says, 'No one who believes in him will be put to shame.' ¹²For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. ¹³For, 'Everyone who calls on the name of the Lord shall be saved.'

¹⁴ But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? ¹⁵And how are they to proclaim him unless

they are sent? As it is written, 'How beautiful are the feet of those who bring good news!

This is the word of the Lord.

Thanks be to God.

Gospel Reading

The Lord be with you

And also with you

Hear the Gospel of our Lord Jesus Christ according to Matthew

Glory to you, O Lord.

Gospel Reading

Matthew 14.22–33

22 Immediately he made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds.

²³And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, ²⁴but by this time the boat, battered by the waves, was far from the land, for the wind was against them.

²⁵And early in the morning he came walking towards them on the lake. ²⁶But when the disciples saw him walking on the lake, they were terrified, saying, 'It is a ghost!' And they cried out in fear. ²⁷But immediately Jesus spoke to them and said, 'Take heart, it is I; do not be afraid.'

28 Peter answered him, 'Lord, if it is you, command me to come to you on the water.' ²⁹He said, 'Come.' So Peter got out of the boat, started walking on the water, and came towards

Jesus. ³⁰But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, 'Lord, save me!' ³¹Jesus immediately reached out his hand and caught him, saying to him, 'You of little faith, why did you doubt?' ³²When they got into the boat, the wind ceased. ³³And those in the boat worshipped him, saying, 'Truly you are the Son of God.'

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

The Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from
heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;**

**he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the
dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and
glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of
sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

In the power of the Spirit and in union with Christ,
let us pray to the Father.

at the end

Merciful Father,
**accept these prayers
for the sake of your Son,**

**our Saviour Jesus Christ.
Amen.**

The Liturgy of the Sacrament

The Peace

Christ is our peace.
He has reconciled us to God
in one body by the cross.
We meet in his name and share his peace.
The peace of the triune God be always with you
and also with you.

Let us offer one another a sign of peace

The Offertory

Offertory Hymn - 489

The Lord will come and not be slow,
His footsteps cannot err;
Before Him righteousness shall go,
His royal harbinger.

Truth from the earth, like to a flower,
Shall bud and blossom free;
And justice, from her heavenly bower,
Bless all humanity

The nations all whom thou hast made
Shall come, and all shall frame
To bow them low before thee, Lord,

And glorify thy Name.

For great thou art, and wonders great
By Thy strong hand are done:
Thou in Thy everlasting seat
Remainest God alone.

Prayer at the Preparation of the Table

Blessed are you, Lord God of all creation:
through your goodness we have this bread to set before you,
which earth has given and human hands have made.
It will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord God of all creation:
through your goodness we have this wine to set before you,
fruit of the vine and work of human hands.
It will become for us the cup of salvation.

Blessed be God for ever.

Eucharistic Prayer

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

Father, we give you thanks and praise
through your beloved Son Jesus Christ, your living Word,
through whom you have created all things;
who was sent by you in your great goodness to be our
Saviour.

By the power of the Holy Spirit he took flesh;
as your Son, born of the blessed Virgin,
he lived on earth and went about among us;
he opened wide his arms for us on the cross;
he put an end to death by dying for us;
and revealed the resurrection by rising to new life;
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and singing:

**Holy, holy, holy Lord, God of power and might, heaven
and earth are full of your glory,**

**Hosanna, Hosanna, Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna, Hosanna, Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will, these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;
who, in the same night that he was betrayed,

took bread and gave you thanks;
he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole
world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people

and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Mary the God-bearer and all the
saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

Amen.

Kneel for **The Lord's Prayer**

Let us pray with confidence as our Saviour has taught us:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of Bread

**We break this bread to share in the body
of Christ. Though we are many, we are
one body,
because we all share in one bread.**

Agnus Dei

**Jesus, Lamb of God,
have mercy on us.**

**Jesus, bearer of our sins,
have mercy on us.**

**Jesus, redeemer of the world,
grant us peace.**

Giving of Communion

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

*Communicant members of all Christian Churches are welcome
to receive Holy Communion in this Church
Anybody is welcome to come forward for to receive a blessing.*

Communion Hymn:

Put thou thy trust in God
In duty's path go on;
Walk in His strength with faith and hope
So shall thy work be done.

Commit thy ways to Him
Thy works into His hands
And rest on His unchanging Word
Who Heav'n and earth commands.

Though years on years roll on
His cov'nant shall endure;
Though clouds and darkness hide His path
The promised grace is sure.

Give to the winds Thy fears;
Hope, and be undismayed;
God hears thy sighs and counts thy tears;
God shall lift up thy head.

Through waves, and clouds, and storms
His power will clear thy way;
Wait thou His time, the darkest night
Shall end in brightest day.

Leave to His sov'reign sway
To choose and to command;
So shalt thou, wond'ring, own His way
How wise, how strong His hand.

Prayer after Communion

God of our pilgrimage,
you have willed that the gate of mercy
should stand open for those who trust in you:
look upon us with your favour
that we who follow the path of your will
may never wander from the way of life;
through Jesus Christ our Lord

Amen

**Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out
in the power of your Spirit
to live and work
to your praise and glory.
Amen.**

The Notices

Post Communion Hymn - 405

One more step along the world I go,
one more step along the world I go;
from the old things to the new
keep me travelling along with you:

Refrain:

*And it's from the old I travel to the new;
keep me travelling along with you.*

Round the corner of the world I turn,
more and more about the world I learn;
all the new things that I see
you'll be looking at along with me: *Refrain*

As I travel through the bad and good,
keep me travelling the way I should;
where I see no way to go
you'll be telling me the way, I know: *Refrain*

Give me courage when the world is rough,
keep me loving though the world is tough;
leap and sing in all I do,
keep me travelling along with you: *Refrain*

You are older than the world can be,
you are younger than the life in me;
ever old and ever new,
keep me travelling along with you: *Refrain*

The Dismissal

The Lord be with you
And also with you

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;

and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

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