



# Evening Prayer

## Sunday, 7<sup>th</sup> June 2026

### First Sunday after Trinity

All      O God, make speed to save us.  
          O Lord, make haste to help us.

Blessed are you, Lord God, creator of day and night:  
to you be praise and glory for ever.  
As darkness falls you renew your promise  
to reveal among us the light of your presence.  
By the light of Christ, your living Word,  
dispel the darkness of our hearts  
that we may walk as children of light  
and sing your praise throughout the world.  
Blessed be God, Father, Son and Holy Spirit:  
**Blessed be God for ever.**

That this evening may be holy, good and peaceful,  
let us pray with one heart and mind.

#### ***Candles are lit.***

As our evening prayer rises before you, O God,  
so may your mercy come down upon us  
to cleanse our hearts  
and set us free to sing your praise  
now and for ever.

All      **Amen.**

1 I said, 'I will keep watch over my ways, ♦  
so that I offend not with my tongue.

2 *'I will guard my mouth with a muzzle, ♦  
while the wicked are in my sight.'*

3 So I held my tongue and said nothing; ♦  
I kept silent but to no avail.

4 *My distress increased, my heart grew hot within me; ♦  
while I mused, the fire was kindled  
and I spoke out with my tongue:*

5 'Lord, let me know my end and the number of my  
days, ♦  
that I may know how short my time is.

6 *'You have made my days but a handbreadth,  
and my lifetime is as nothing in your sight; ♦  
truly, even those who stand upright are but a breath.*

7 'We walk about like a shadow  
and in vain we are in turmoil; ♦  
we heap up riches and cannot tell who will gather them.

8 *'And now, what is my hope? ♦  
Truly my hope is even in you.*

9 'Deliver me from all my transgressions ♦  
and do not make me the taunt of the fool.'

10 *I fell silent and did not open my mouth, ♦  
for surely it was your doing.*

11 Take away your plague from me; ♦  
I am consumed by the blows of your hand.

12 *With rebukes for sin you punish us;  
like a moth you consume our beauty; ♦  
truly, everyone is but a breath.*

13 Hear my prayer, O Lord, and give ear to my cry; ♦  
hold not your peace at my tears.

*14 For I am but a stranger with you, ♦  
a wayfarer, as all my forebears were.*

15 Turn your gaze from me, that I may be glad again, ♦  
before I go my way and am no more.

Psalm 41

1 Blessed are those who consider the poor and needy; ♦  
the Lord will deliver them in the time of trouble.

*2 The Lord preserves them and restores their life,  
that they may be happy in the land; ♦  
he will not hand them over to the will of their enemies.*

3 The Lord sustains them on their sickbed; ♦  
their sickness, Lord, you will remove.

*4 And so I said, 'Lord, be merciful to me; ♦  
heal me, for I have sinned against you.'*

5 My enemies speak evil about me, ♦  
asking when I shall die and my name perish.

*6 If they come to see me, they utter empty words; ♦  
their heart gathers mischief;  
when they go out, they tell it abroad.*

7 All my enemies whisper together against me, ♦  
against me they devise evil,

*8 Saying that a deadly thing has laid hold on me, ♦  
and that I will not rise again from where I lie.*

9 Even my bosom friend, whom I trusted,  
who ate of my bread, ♦  
has lifted up his heel against me.

*10 But you, O Lord, be merciful to me ♦  
and raise me up, that I may reward them.*

11 By this I know that you favour me, ♦  
that my enemy does not triumph over me.

12 Because of my integrity you uphold me ♦  
and will set me before your face for ever.

13 Blessed be the Lord God of Israel, ♦  
from everlasting to everlasting. Amen and Amen.

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*First Reading: 1 Samuel 18.1-16*

When David had finished speaking to Saul, the soul of Jonathan was bound to the soul of David, and Jonathan loved him as his own soul. Saul took him that day and would not let him return to his father's house. Then Jonathan made a covenant with David, because he loved him as his own soul. Jonathan stripped himself of the robe that he was wearing, and gave it to David, and his armour, and even his sword and his bow and his belt. David went out and was successful wherever Saul sent him; as a result, Saul set him over the army. And all the people, even the servants of Saul, approved. As they were coming home, when David returned from killing the Philistine, the women came out of all the towns of Israel, singing and dancing, to meet King Saul, with tambourines, with songs of joy, and with musical instruments. And the women sang to one another as they made merry,  
'Saul has killed his thousands,  
and David his tens of thousands.'

Saul was very angry, for this saying displeased him. He said, 'They have ascribed to David tens of thousands, and to me they have ascribed thousands; what more can he have but the kingdom?' So Saul eyed David from that day on.

The next day an evil spirit from God rushed upon Saul, and he raved within his house, while David was playing the lyre, as he did day by day. Saul had his spear in his hand; and Saul threw the spear,

for he thought, 'I will pin David to the wall.' But David eluded him twice.

Saul was afraid of David, because the Lord was with him but had departed from Saul. So Saul removed him from his presence, and made him a commander of a thousand; and David marched out and came in, leading the army. David had success in all his undertakings; for the Lord was with him. When Saul saw that he had great success, he stood in awe of him. But all Israel and Judah loved David; for it was he who marched out and came in leading them.

*Second Reading: Luke 8.41-56*

Just then there came a man named Jairus, a leader of the synagogue. He fell at Jesus' feet and begged him to come to his house, for he had an only daughter, about twelve years old, who was dying.

As he went, the crowds pressed in on him. Now there was a woman who had been suffering from haemorrhages for twelve years; and though she had spent all she had on physicians, no one could cure her. She came up behind him and touched the fringe of his clothes, and immediately her haemorrhage stopped. Then Jesus asked, 'Who touched me?' When all denied it, Peter said, 'Master, the crowds surround you and press in on you.' But Jesus said, 'Someone touched me; for I noticed that power had gone out from me.' When the woman saw that she could not remain hidden, she came trembling; and falling down before him, she declared in the presence of all the people why she had touched him, and how she had been immediately healed. He said to her, 'Daughter, your faith has made you well; go in peace.'

While he was still speaking, someone came from the leader's house to say, 'Your daughter is dead; do not trouble the teacher any longer.' When Jesus heard this, he replied, 'Do not fear. Only believe, and she will be saved.' When he came to the house, he did not allow anyone to enter with him, except Peter, John, and James, and the child's father and mother. They were all weeping and wailing for her; but he said, 'Do not weep; for she is not dead but sleeping.' And they laughed at him, knowing that she was dead. But he took her by the hand and called out, 'Child, get up!' Her spirit

returned, and she got up at once. Then he directed them to give her something to eat. Her parents were astounded; but he ordered them to tell no one what had happened.

*A short reflection follows*

The Lord is my light and my salvation;  
the Lord is the strength of my life.  
**The Lord is my light and my salvation;  
the Lord is the strength of my life.**  
The light shines in the darkness  
and the darkness has not overcome it.  
**The Lord is the strength of my life.**  
Glory to the Father, and to the Son  
and to the Holy Spirit.  
**The Lord is my light and my salvation;  
the Lord is the strength of my life.**

*from Psalm 27 and John 1*

### *The Magnificat*

- 1 My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Saviour;  
he has looked with favour on his lowly servant.
- 2 *From this day all generations will call me blessed;  
the Almighty has done great things for me and holy is his name.*
- 3 He has mercy on those who fear him,  
from generation to generation.
- 4 *He has shown strength with his arm  
and has scattered the proud in their conceit,*
- 5 Casting down the mighty from their thrones  
and lifting up the lowly.
- 6 *He has filled the hungry with good things  
and sent the rich away empty.*
- 7 He has come to the aid of his servant Israel,  
to remember his promise of mercy,

8        *The promise made to our ancestors,  
to Abraham and his children for ever.*

*Luke 1.46-55*

**All    Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

## Prayers

*Silence may be kept.*

*The Collect of the day is said*

O God,  
the strength of all those who put their trust in you,  
mercifully accept our prayers  
and, because through the weakness of our mortal nature  
we can do no good thing without you,  
grant us the help of your grace,  
that in the keeping of your commandments  
we may please you both in will and deed;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
**Amen.**

Let us pray with confidence as our Saviour has taught us

**All    Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;**

**but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with us all evermore.  
**Amen.**

Let us bless the Lord.  
**Thanks be to God.**

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